



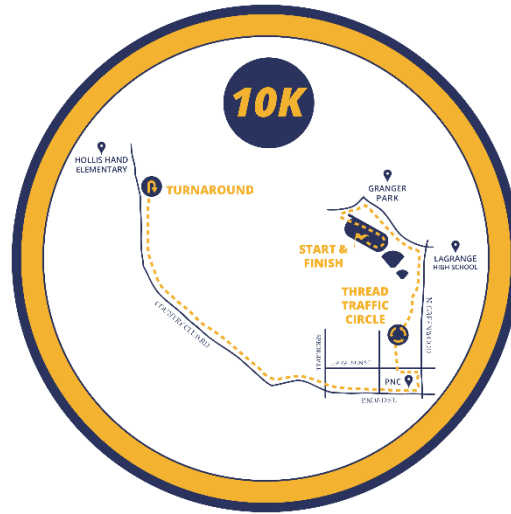
Media Release
FOR IMMEDIATE RELEASE
February 24, 2022

Emory Thread Road Races Entirely on The Thread Scheduled for Saturday, February 26th

LaGrange, Ga. February 24, 2022 –The Emory Thread Road Races presented by Friends of The Thread and Emory of LaGrange are scheduled for ***THIS SATURDAY* February 26, 2022.** Emory of LaGrange is the main sponsor of the races.



The races include a free 1 mile Fun Run, 5K & 10K races. The 5K & 10K races are USATF Certified and an AJC Peachtree Road Race Qualifier races. These races will be run entirely on The Thread.



Emory Thread 5K & 10K Race Routes

Participants can pick up race bibs and t-shirts Friday, February 25th from 4:00 p.m. to 8:00 p.m. at the Courtyard by Marriott in downtown LaGrange. There is free parking available in the parking deck behind this hotel.

RACE DAY SCHEDULE

Race Day Packet Pick-Up and Registration

7:30 - 8:40 am **Fun Run Packet Pick-Up and Fun Run Registration - FREE to run and shirt for purchase while supplies last**

7:30 - 9:10 am **10K Packet Pick-Up and 10K Registration - \$40**

7:30 - 9:15 am **5K Packet Pick-Up and 5K Registration - \$30**

Start Times

8:45 am - Fun Run Start

9:15 am - 10K Start

9:30 am - 5K Start

10:30 am – Awards

Race bibs will not be given out after the pick-up window closes.

To learn more about the Emory Thread Road Races go to www.thethreadtrail.org.

More on The Thread: *The Thread is an environmentally sensitive, non-motorized, multipurpose trail designed to increase the health and wellness of the community through providing a safe environment in LaGrange, Georgia for fitness, recreation, transportation and special events. Currently, The Thread has a total 29 miles of trails planned.*

For more information go to www.thethreadtrail.org.

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